



Alternatives is a community drugs project covering West Dunbartonshire with bases in Dumbarton, Clydebank and Alexandria

Mission Statement

Alternatives, as a community recovery programme, aims to support individuals, based on their needs, incorporating life changing experiences and set them on their own path towards a fulfilling lifestyle.

Some of the roles our volunteers support:

Community Recovery
Environmental projects
Fishing Groups
Gender Groups
Family Support Groups
Youth Services
Physical/Sport Activities
One off events
Cycle groups
Running Groups



What can you expect if you volunteer with Alternatives?

Meet new people

Add value to your C.V.
Learn new skills

In House and External Training opportunities
with attendance certificate

Have your travel expenses paid

Experience working with a wide range of people from diverse backgrounds

Induction training and ongoing supervision from a named person

Regular get-togethers with other volunteers

Please note– If you are in receipt of welfare benefits volunteering will not affect your payments. The Department of Work and Pensions has more information on its website:
www.dwp.gov.uk

What Alternatives expects from you We expect you to:

- Give an agreed commitment to volunteering
- To attend the arranged training sessions
- Be reliable
- Respect those you come in contact with
- Maintain confidentiality
- Always act with discretion
- Be non judgemental

Types of Roles

There are a range of areas you could be involved in. Some are directly related to Alternatives and others are within the Bellsmyre Development Trust. These might include: sports, youth groups, outings, administration and gardening

You do not need any knowledge of addiction to become a volunteer at Alternatives

How to become a Volunteer

If you would like to become a volunteer with Alternatives please phone or email one of the volunteer coordinators for more information and an application form.

Once we have received your application form we will arrange for you to come in and have an informal interview .

We periodically run training sessions at various times including evening and weekends

Once your training is complete you will be invited to participate in 6 practise sessions, this helps you get an overview of our service as well as meeting the staff and clients and this is a good opportunity for you to see what area of our service you would like to volunteer for.

Where and when you volunteer is up to you, some of our volunteers attend regularly a few hours a week, while others can only commit to one off events. That's fine, and we can discuss what best suits you

All volunteers are required to have a Criminal Record Check PVG. This is standard procedure, having any unrelated offences does not necessarily rule you out of volunteering

Our current volunteers come from varied backgrounds including:

Students

Retired people

Unemployed

Parents with some free time

Previous experience of addiction Services

Those looking for experience of addiction services

Working in Partnership with:



West Dunbartonshire
Health & Social Care Partnership



Scottish Government
Riaghaltas na h-Alba
gov.scot

For further information, please contact

Anne Dyer

Tel: 01389 734 500

Email: Anne@alternativeswd.org

www.alternativeswd.org

